

Carers Resources

Support and Information

The Care Quality Commission (CQC)

www.cqc.org.uk/

The Care Quality Commission is the new health and social care regulator for England. We look at the joined up picture of health and social care. Their aim is to ensure better care for everyone in hospital, in a care home and at home.

Carers direct

www.nhs.uk/carersdirect

Offering information, advice and support for carers. They have an information line with a translation service for 170 different languages.

Carers UK

www.carersuk.org

Is the leading campaigning, policy and information organisation for carers.

Carers trust

www.carers.org

'Crossroads' and the 'Princess Royal Trust for Carers' have merged to form the Carers Trust. The charity provides access to breaks, information and advice, education, training and employment opportunities.

Independent Age

<http://www.independentage.org>

Is a charity giving advice and information to older people, their relatives and carers across the UK. It has lots of helpful guides and factsheets.

MECOPP

www.mecopp.org.uk

Provides a variety of services to Black and Minority Ethnic carers and communities locally, regionally and nationally in Scotland.

Babble

babble.carers.org

Babble (formerly YCNet) is a website and online support service (provided by the Carers' Trust) for young people aged 18 and under in the UK, who help to look after someone in their family who has an illness, disability, drug/alcohol addiction or mental health condition.

Money and practical issues

Beacon Continuing Healthcare

<http://www.beaconhc.co.uk/>

Beacon is a social enterprise that provides information and paralegal casework services for people applying for NHS Continuing Healthcare funding. Eligible people can get this funding from the NHS to pay for care in a Care Home or their own home, if they have ongoing complex medical needs. Beacon is endorsed by Age UK Oxfordshire.

FirstStop Advice

<http://www.firststopcareadvice.org.uk/>

An independent, free service provided by the national charity Elderly Accommodation Counsel (EAC) in partnership with other local and national and organisations.

Information about Carer's allowance

<https://www.gov.uk/carers-allowance>

Public Guardianship Office

www.gov.uk

A department of the UK Ministry of Justice that supports the Public Guardian in the registration of Enduring Powers of Attorney (EPA) and Lasting Powers of Attorney (LPA), and the supervision of deputies appointed by the Court of Protection. It also helps attorneys and deputies to carry out their duties, and protects people who lack the mental capacity to make decisions for themselves.

Turn2us

www.turn2us.org.uk

A charity that provides help for people accessing financial support, including welfare benefits, grants and other help.

Respite and care homes

Relatives and Residents Association

www.relres.org

Offers practical and emotional support to relatives whose family member has entered residential care.

The United Kingdom Home Care Association (UKCHA)

www.ukhca.co.uk

Is an association of providers of care at home with a code of practice.

Vitalise

www.vitalise.org.uk

A charity (formerly Winged Fellowship Trust) that helps to provide holidays for disabled people including those with Alzheimer's provided they are accompanied by a carer.