More than 5 million people visited the website around 5.8 million times last year. We’ve achieved this through a combination of the hard work of our small team, the generous support of our friends at Legal & General and fantastic content from our colleagues at The University of Oxford.

We welcomed 8 new resources to the website last year, including a range of skin conditions, neonatal surgery, Alport Syndrome, young people seeing the GP and domestic violence. The latter marks a new direction, in terms of the type of information we provide, and we hope it will help thousands of women in need of support.

In April our Patron Jon Snow hosted an event to celebrate us reaching 100 health conditions on the website. Each topic is presented from the perspective of those with first-hand experience, with video footage from real life interviews, backed up by balanced research. As you will read in this report, the level of detail we are able to provide by sharing people’s experiences, can really help improve lives.

Professor Sean Hilton
Chair of Trustees
80% Find information they couldn’t find elsewhere.

70% Feel reassured, less alone and better prepared.

60% Are more confident about discussing their health.

Helping individuals and families...
"These stories helped to validate my sister's experience and understand that she was in an abusive relationship. She continues to refer to the stories now, having just moved to her own home. I wanted to thank all those who were involved. It has been an important part of my sister's escape."

“Your section on intensive care has taken away the confusion and fear I felt, having suffered with intensive care psychosis. To see others talking about their experiences has been an amazing help.”

“Thank you for laying out the different levels of experiences so clearly. I feel more at ease having heard some of these women speak. Just great!”
Helping health professionals and patients...

81% Feel more prepared for their next doctor’s appointment.

62% Are encouraged to take an active role in their healthcare.

30% Have a reduced need for an appointment with a health professional.
healthtalk.org improves learning
A study has shown that undergraduate medical students’ learning and confidence improved after viewing our videos. Snow et al* taught two groups of medical students about the colposcopy procedure. One group saw clips from healthtalk.org of women talking about their experiences of the procedure. This group performed better overall than the other group in an exam about the procedure. They were also more confident about discussing the procedure with patients.


“I was relieved to see that others have experienced problems thinking in months after ECT because my doctor says he is not familiar with that side effect. I am about to see my doctor to talk about it, and it helped me to prepare for that.”
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A day in the life of healthtalk.org.

£10 RUNS THE WEBSITE FOR AN HOUR
COULD YOU CHIP IN?
HEALTHTALK.ORG/DONATE

DIPEx is a registered charity no. 1087019. contact: info@healthtalk.org.